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INTUITIVE MEDIUM

### ***Preparing for an Akashic Reading***

*Reading your Akashic Records means that I will be accessing information about your soul journey using my intuition. From this soul perspective, you can gain healing, information, perspective, direction, and understanding for your life and all that has happened in your soul journey thus far.*

*During our reading, we will be having a three way communication. You will speak to me, I will speak to the Records, and then translate back to you what I receive from them. You will have opportunities to ask a lot of questions, clarification, and follow up questions to the information you receive.*

*As with any intuitive reading, you must remember you have free will. You are completely in charge of your life and your journey, and must remember that if something said to you during a reading does not feel right for you, then it must not be for you!*

*The Akashic Records will not make predictions about the future, nor will they tell you what decisions to make. They will give you options and discuss possibilities and potentials, but it is up to you to be empowered in your life to decide which choices are best for you.*

*Please always feel free to speak up during our time together if there is something you do not understand, or does not feel like the information is right for you. I will also be asking along the way to make sure we are accurately connecting to your information.*

*The Akashic Records are 100% supportive and only provide information for your highest good and healing. They are completely loving and only want the best for you in your journey. The Records are respectful of you, and therefore, they want you to ask for information rather than information being told to you without your request.*

*It is best to have some questions prepared for our time together, however, I will also help you along by suggesting questions based on my own intuition. Please see the following page for basic questions and some topic ideas. The more specific you make your questions, the better information that comes forward. There is nothing off limits to ask about.*

*\*I do not record our sessions, but you are welcome to. Please have your recording method ready at the beginning of our session.\**



***Here are some topics to discuss with the Records, however, feel free to add in your own topics!***

*About relationships:*

*I would like to understand my relationship with X better...  
Why do I feel this way...*

*About past hurts or traumas:*

*Why did X happen in my life...  
What was my soul trying to learn when X happened..  
What do I need to help me heal...*

*About work/career/finances:*

*Is this the right career for me?  
Where would my soul be happiest?*

*About family:*

*What am I learning from...  
Why do I struggle with...  
Why do I feel so connected to ...*

*About pets:*

*Why is this animal in my life?  
How is he/she helping me?*

*About learning and gifts:*

*What learning am I here to do?  
What gifts am I here to bring?*

*About long standing struggles:*

*Why does this keep happening to me?  
I feel stuck with X.. how do I move forward?*

*About past lives:*

*Is there a past life currently effecting me?  
Do I have a past life connection with X that is important for me to know about?*

*In general:*

*What does my soul want me to know...  
What else do they think is important right now...*

*...and anything else you want to know about from your soul perspective!*